

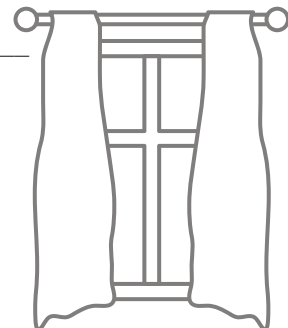
SPRING CLEANING GUIDE



OUR GABLED HOME

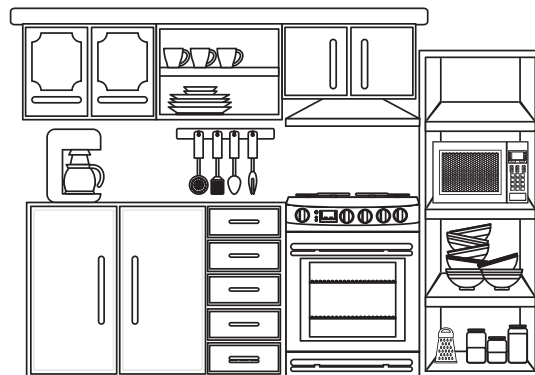
ALL ROOMS:

- HAVE A TRASH BAG HANDY
- CLEAN ANY COBWEBS OFF WALLS & CEILINGS
- GO THROUGH CLOSETS & CABINETS AND DECLUTTER
- VACUUM & DAMP MOP FLOORS
- DEEP CLEAN CARPETS & RUGS
- TAKE DOWN & WASH CURTAINS
- WIPE DOWN BLINDS, IF YOU HAVE THEM
- CLEAN AND/OR REPLACE FURNACE FILTER
- HAVE SEPARATE BOXES FOR THROW-AWAY ITEMS AND DONATIONS
- VACUUM & DUST UNDER FURNITURE
- DUST OFF FURNITURE & ALL SURFACES
- TREAT WOODEN FURNITURE WITH WOOD OIL
- WASH WINDOWS & WINDOW FRAMES
- DUST OFF HOUSE PLANTS & REPOT IF NECESSARY
- CHANGE ALL VACUUM CLEANER FILTERS
- _____
- _____
- _____



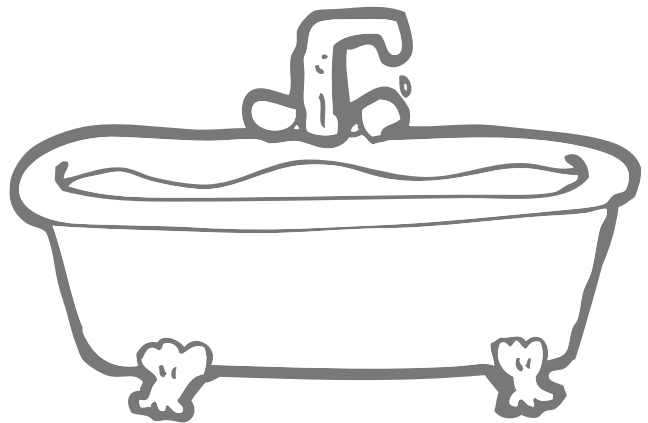
KITCHEN:

- HAVE A TRASH BAG FOR THROW AWAYS
- CHECK PANTRY & REFRIGERATOR FOR EXPIRED FOODS
- THROW OUT WHAT YOU ARE NO LONGER USING
- WIPE SHELVES & INSIDE OF REFRIGERATOR
- GO THROUGH FREEZER & THROW OUT EXPIRED FOODS
- CLEAN VENT HOOD & FILTER, IF YOU HAVE ONE
- CLEAN STOVETOP & OVEN
- CLEAN FILTER(S) OF DISHWASHER
- ORGANIZE PANTRY
- ORGANIZE REFRIGERATOR
- GET RID OF TOXIC CLEANERS
- HAVE KNIVES & SCISSORS PROFESSIONALLY SHARPENED
- _____
- _____
- _____



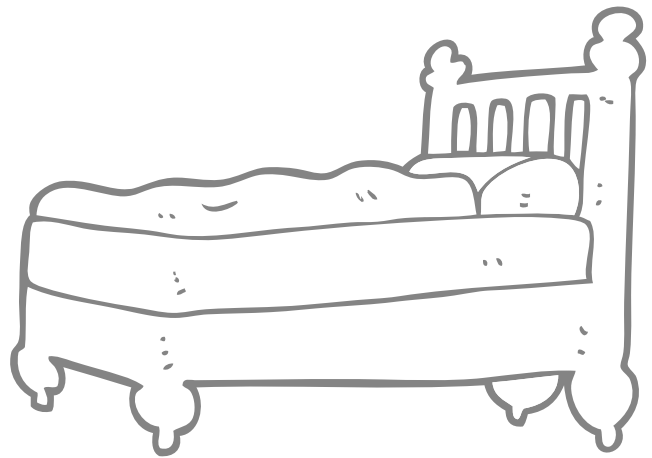
BATHROOMS

- HAVE A TRASH BAG FOR THROW AWAYS
- GO THROUGH DRAWERS & THROW OUT UNNEEDED ITEMS
- TAKE EXPIRED MEDICATIONS TO APPROPRIATE STATIONS
- WIPE DOWN SHELVES & DRAWERS
- CLEAN FAUCETS & SHOWERHEADS WITH VINEGAR
- GET RID OF TOXIC CLEANERS
- _____
- _____
- _____



BEDROOMS:

- WASH ALL BED LINENS
- AIR PILLOWS & BLANKETS
- ROTATE OR FLIP MATTRESSES
- STOW AWAY WINTER CLOTHING
- IN KIDS' ROOMS, SORT OUT CLOTHES THAT ARE TOO SMALL
- IN KIDS' ROOMS, SORT OUT OLD & BROKEN TOYS
- CLEAN TOYS
- WASH STUFFED ANIMALS
- _____
- _____
- _____



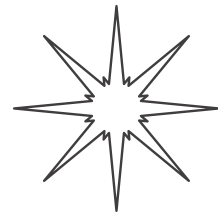
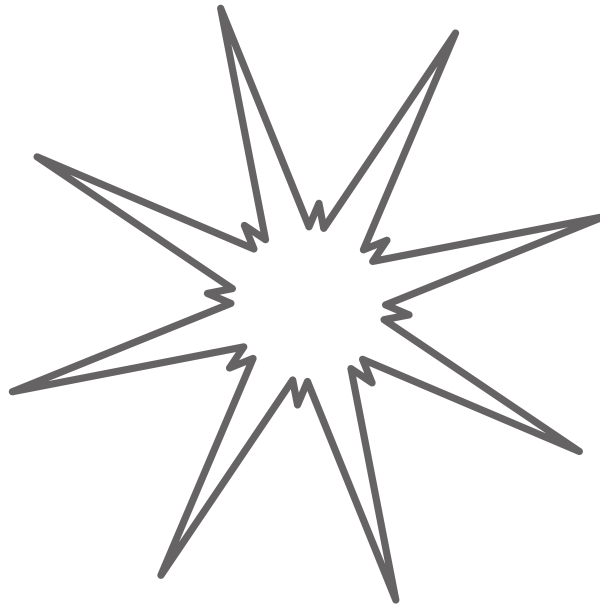
CLEANING ESSENTIALS:

- RAGS & SCRUB BRUSHES
- CELLULOSE SPONGES
- DUSTER
- VACUUM
- LONG-HANDLED SCRUB BRUSH & CLEANING CLOTH FOR FLOORS
- NON-TOXIC ALL-PURPOSE CLEANER (SUCH AS SALSUDS)
- POWDER CLEANSER
- WHITE VINEGAR
- LEMONS
- ESSENTIAL OILS (SUCH AS LEMON, TEE TREE ETC)
- BAKING SODA
- HAVE KNIVES & SCISSORS PROFESSIONALLY SHARPENED
- _____
- _____
- _____



BONUS:

- BREAK THIS LIST UP IN SMALLER TASKS
- OR DEDICATE A BIG CHUNK OF TIME FOR IT
- DON'T FEEL LIKE YOU HAVE TO DO IT ALL!
- TURN ON YOUR FAVORITE MUSIC
- WHEN DONE DECORATE ROOMS WITH FRESH FLOWERS
- DIFFUSE SOME ESSENTIAL OILS FOR EXTRA FRESHNESS
- ENJOY YOUR CLEAN & BRIGHT HOME



OUR GABLED HOME